



Vegetables Couscous

For 2 to 3 portions.

Ingredients :

- 1 Cup Of Couscous
- 1 Cup Of Chicken Stock
- Some Vegetables Of Your Choice (onion, tomato, mushroom, etc.)

Preparation :

Put all the diced vegetables in the *CromoTanium* frying pan and close the lid. Cook for 2 to 4 minutes on a medium heat. Add the chicken stock and close the lid. Keep cooking till temperature reaches 70°C. Add 1 cup couscous. Take off from stove, wait 5 minutes and serve.