



## Oriental Marrow

For 4 persons

Cooking time: When temperature reach 95°C

### Ingredients :

- 1 Marrow Of 800g (Spaghetti)
- ½ Finely Chopped Onions
- 1 Finely Chopped Garlic Clove
- 400g Chopped Veal
- 1 Egg
- 1 Teaspoon of Breadcrumbs
- 50g of Coconut Milk
- 2 Tablespoons of Curry
- Grated Nutmeg
- Salt And Pepper
- 50g Grated Cheese

### Preparation :

Slice on the length of the marrow and wash it. Put all the ingredients in a bowl and mix. Put the mixed ingredients in the marrow cavity. Add the marrow and 3 teaspoons of water in a *CromoTanium* pot. Close the lid and put on medium heat. When temperature reaches 40°C, put on medium/low and keep cooking till temperature reaches 95°C. Take out and serve.