



Absorption Rice

For 4 to 6 persons

Cooking time: When temperature reaches 85°C

Ingredients :

- 200g Rice
- 480ml Water
- Salt
- 1 Tablespoon Chicken Stock
- 1 Teaspoon of Olive Oil

Preparation :

Wash carefully the rice. Put the rice and all the ingredients in 3l *CromoTanium* pot. Put on medium till temperature reaches 40°C. Then put on medium/low heat and keep cooking till temperature reaches 85°C. Take off and set aside. You could serve with vegetables or meat.